



# Variations, Causes and Impact of Social Isolation on Well-Being of Adults

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A Cross-Country Analysis Using ISSP 2017 - Social Networks and Social Resources

Presented by:

FERNEL TED PAGUINTO

Institution: Social Weather Stations, Philippines, 2019-present

Education: Bachelor of Arts in Communication Research, 2018

University: Polytechnic University of the Philippine

# THE INTERNATIONAL SOCIAL SURVEY PROGRAMME (ISSP)

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The ISSP is a cross-national collaboration programme conducting annual surveys on diverse topics relevant to social sciences since 1985.

Since 1984, ISSP has included 57 nations: the founding four – the United States, Germany, Great Britain and Australia – plus Argentina, Austria, Bangladesh, Belgium, Bolivia, Brazil, Bulgaria, Canada, Chile, China, Croatia, Czech Republic, Cyprus, Denmark, the Dominican Republic, Estonia, Finland, France, Georgia, Greece, Hungary, Iceland, India, Italy, Ireland, Israel, Japan, Latvia, Lithuania, Mexico, the Netherlands, New Zealand, Norway, Palestine, the Philippines, Poland, Portugal, Romania, Russia, Slovakia, Slovenia, South Africa, South Korea, Spain, Suriname, Sweden, Switzerland, Taiwan, Thailand, Tunisia, Turkey, Ukraine, Uruguay and Venezuela.

# ISSP MODULES 1985–2022

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- Citizenship: 2004/ 2014
- Environment: 1993/ 2000/ 2010/ 2020
- Family and Changing Gender Roles:  
1988/ 1994/ 2002/ 2012/ 2022
- Health and Health Care: 2011/ 2021
- Leisure Time and Sports: 2007
- National Identity: 1995/ 2003/ 2013
- Religion: 1991/ 1998/ 2008/ 2018
- Role of Government:  
1985/ 1990/ 1996/ 2006/ 2016
- Social Inequality:  
1987/ 1992/ 1999/ 2009/ 2019
- **Social Networks (no replications):**  
1986/ 2001/ 2017
- Work Orientations: 1989/ 1997/ 2005/ 2015

# THE ISSP 2017

## SOCIAL NETWORKS AND SOCIAL RESOURCES\*

STUDY DESCRIPTION

RESPONDENTS

Persons aged 18 years and older  
Exception: Denmark (18 to 79 years), Finland (15 to 74 years),  
Slovakia (16 + (no cut-off)), Suriname (21 to 74 years), and  
Sweden (18 to 80 years)

SAMPLING

Probability Sample  
Probability Sample: Simple Random Sample Probability Sample:  
Systematic Random Sample Probability Sample: Stratified  
Sample Probability Sample: Multistage Sample

DATA COLLECTION

Face-to-face interview  
Face-to-face interview: CAPI (Computer Assisted Personal Interview)  
Face-to-face interview: PAPI (Paper and Pencil Interview)  
Self-administered questionnaire: CAWI (Computer Assisted Web  
Interview)  
Self-administered questionnaire: Paper Self-administered  
questionnaire: CASI (Computer Assisted Self-Interview)  
Telephone interview

GEORGRAPHIC COVERAGE, SAMPLE SIZES, & FIELDWORK

Australia	1,317	2017/2018
Austria	1,200	2018
China	4,219	2017
Croatia	1,026	2017
Czech Republic	1,405	2017
Denmark	1,079	2017
Finland	1,074	2017
France	1,489	2017
Germany	1,701	2018
Great Britain	1,595	2017
Hungary	1,007	2017
Iceland	1,450	2017/2018
India	1,510	2019
Israel	1,267	2017/2018
Japan	1,609	2017

Lithuania	1,052	2018
Mexico	1,002	2018
New Zealand	1,357	2017
Philippines	1,200	2018
Russia	1,559	2017
Slovakia	1,404	2017
Slovenia	1,047	2018
South Africa	3,098	2017/2018
Spain	1,733	2017/2018
Suriname	1,273	2018
Sweden	1,125	2017
Switzerland	1,066	2018
Taiwan	1,955	2017
Thailand	1,500	2017
United States	1,173	2018

*\*GESIS, ed. 2019. ISSP 2017 Social Networks and Social Resources, Variable Report: Documentation release 2019/08/19, related to the international dataset Archive-Study-No. ZA6980 Version 2.0.0. Variable Reports 2019|13. Cologne: GESIS.*

## STUDY DESCRIPTION

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### VARIABLES TO MEASURE SOCIAL ISOLATION

- Feeling of lack of companionship
- Feeling of being isolated with others
- Feeling of being left-out

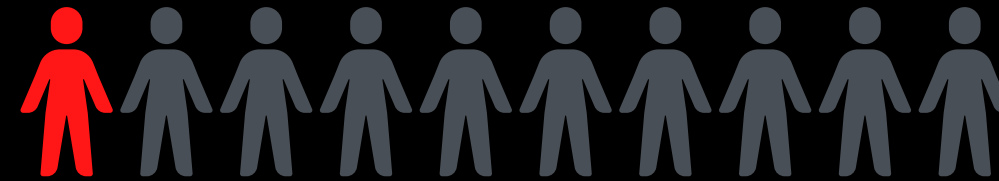
### VARIABLES TO MEASURE CAUSES AND IMPACT OF SOCIAL ISOLATION

- Feeling of family pressure
- Feeling being unhappy and depressed
- Amount of family and friends one is getting in touch with (in terms of text, call, and online platforms)

		VERY OFTEN/ OFTEN	SOMETIMES/ RARELY	NEVER
	<b>Total</b>	<b>8</b>	<b>41</b>	<b>51</b>
<b>1</b>	<b>India</b>	<b>17</b>	<b>42</b>	<b>41</b>
<b>2</b>	<b>Croatia</b>	<b>12</b>	<b>47</b>	<b>41</b>
<b>3</b>	<b>United States</b>	<b>12</b>	<b>41</b>	<b>48</b>
<b>4</b>	<b>Australia</b>	<b>11</b>	<b>39</b>	<b>49</b>
<b>5</b>	<b>Suriname</b>	<b>10</b>	<b>51</b>	<b>39</b>
<b>6</b>	<b>Hungary</b>	<b>10</b>	<b>35</b>	<b>55</b>
<b>7</b>	<b>Spain</b>	<b>9</b>	<b>38</b>	<b>53</b>
<b>8</b>	<b>Finland</b>	<b>9</b>	<b>38</b>	<b>53</b>
<b>9</b>	<b>Czech Republic</b>	<b>9</b>	<b>47</b>	<b>44</b>
<b>10</b>	<b>France</b>	<b>9</b>	<b>39</b>	<b>52</b>
<b>11</b>	<b>Philippines</b>	<b>9</b>	<b>50</b>	<b>42</b>
<b>12</b>	<b>United Kingdom</b>	<b>9</b>	<b>41</b>	<b>50</b>
<b>13</b>	<b>New Zealand</b>	<b>8</b>	<b>43</b>	<b>48</b>
<b>14</b>	<b>China</b>	<b>8</b>	<b>50</b>	<b>42</b>
<b>15</b>	<b>South Africa</b>	<b>8</b>	<b>47</b>	<b>45</b>
<b>16</b>	<b>Israel</b>	<b>7</b>	<b>32</b>	<b>60</b>
<b>17</b>	<b>Sweden</b>	<b>7</b>	<b>40</b>	<b>53</b>
<b>18</b>	<b>Denmark</b>	<b>7</b>	<b>46</b>	<b>47</b>
<b>19</b>	<b>Iceland</b>	<b>7</b>	<b>47</b>	<b>46</b>
<b>20</b>	<b>Lithuania</b>	<b>6</b>	<b>48</b>	<b>46</b>
<b>21</b>	<b>Slovak Republic</b>	<b>6</b>	<b>58</b>	<b>36</b>
<b>22</b>	<b>Mexico</b>	<b>5</b>	<b>40</b>	<b>54</b>
<b>23</b>	<b>Russia</b>	<b>5</b>	<b>42</b>	<b>53</b>
<b>24</b>	<b>Switzerland</b>	<b>5</b>	<b>31</b>	<b>65</b>
<b>25</b>	<b>Germany</b>	<b>5</b>	<b>36</b>	<b>59</b>
<b>26</b>	<b>Japan</b>	<b>4</b>	<b>39</b>	<b>57</b>
<b>27</b>	<b>Taiwan</b>	<b>4</b>	<b>28</b>	<b>68</b>
<b>28</b>	<b>Austria</b>	<b>4</b>	<b>30</b>	<b>66</b>
<b>29</b>	<b>Slovenia</b>	<b>3</b>	<b>35</b>	<b>62</b>
<b>30</b>	<b>Thailand</b>	<b>2</b>	<b>18</b>	<b>79</b>

## LACK OF COMPANIONSHIP

Q. How often in the past 4 weeks have you felt that .....  
you lack companionship?



# 1 OUT OF 10 ADULTS

VERY OFTEN/OFTEN FEEL THEY LACK COMPANIONSHIP

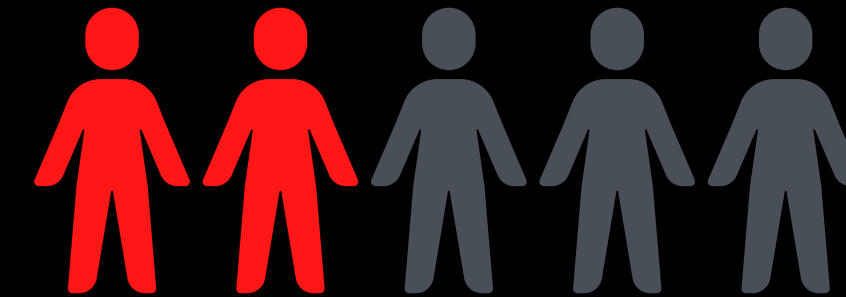
To this, about two out of ten (17%) in India very often/often feel they lack companionship. This is higher compared to about 1 out of 10 adults who VERY OFTEN/OFTEN feel they lack companionship in other countries: Croatia (12%), United States (12%), Australia (11%), Surinam (10%), Hungary (10%), Spain (9%), Finland (9%), Czech Republic ((9%), France (9%), Philippines (9%), and United Kingdom (9%)



		VERY OFTEN/ OFTEN	SOMETIMES/ RARELY	NEVER
	<b>Total</b>	<b>6</b>	<b>35</b>	<b>59</b>
<b>1</b>	<b>India</b>	<b>19</b>	<b>39</b>	<b>42</b>
<b>2</b>	<b>Finland</b>	<b>11</b>	<b>43</b>	<b>46</b>
<b>3</b>	<b>Australia</b>	<b>10</b>	<b>39</b>	<b>50</b>
<b>4</b>	<b>United States</b>	<b>10</b>	<b>36</b>	<b>55</b>
<b>5</b>	<b>Hungary</b>	<b>9</b>	<b>29</b>	<b>62</b>
<b>6</b>	<b>United Kingdom</b>	<b>9</b>	<b>39</b>	<b>52</b>
<b>7</b>	<b>New Zealand</b>	<b>9</b>	<b>42</b>	<b>50</b>
<b>8</b>	<b>Iceland</b>	<b>8</b>	<b>34</b>	<b>58</b>
<b>9</b>	<b>France</b>	<b>8</b>	<b>35</b>	<b>58</b>
<b>10</b>	<b>Philippines</b>	<b>8</b>	<b>46</b>	<b>46</b>
<b>11</b>	<b>Israel</b>	<b>7</b>	<b>27</b>	<b>66</b>
<b>12</b>	<b>South Africa</b>	<b>7</b>	<b>42</b>	<b>51</b>
<b>13</b>	<b>Czech Republic</b>	<b>7</b>	<b>36</b>	<b>58</b>
<b>14</b>	<b>Denmark</b>	<b>6</b>	<b>34</b>	<b>60</b>
<b>15</b>	<b>Suriname</b>	<b>6</b>	<b>35</b>	<b>59</b>
<b>16</b>	<b>Croatia</b>	<b>6</b>	<b>31</b>	<b>63</b>
<b>17</b>	<b>Mexico</b>	<b>6</b>	<b>33</b>	<b>62</b>
<b>18</b>	<b>Sweden</b>	<b>5</b>	<b>32</b>	<b>63</b>
<b>19</b>	<b>Spain</b>	<b>5</b>	<b>26</b>	<b>70</b>
<b>20</b>	<b>Germany</b>	<b>4</b>	<b>28</b>	<b>67</b>
<b>21</b>	<b>Slovak Republic</b>	<b>4</b>	<b>48</b>	<b>47</b>
<b>22</b>	<b>Japan</b>	<b>4</b>	<b>42</b>	<b>54</b>
<b>23</b>	<b>Lithuania</b>	<b>4</b>	<b>27</b>	<b>69</b>
<b>24</b>	<b>Austria</b>	<b>4</b>	<b>25</b>	<b>72</b>
<b>25</b>	<b>Taiwan</b>	<b>3</b>	<b>28</b>	<b>69</b>
<b>26</b>	<b>China</b>	<b>3</b>	<b>43</b>	<b>54</b>
<b>27</b>	<b>Russia</b>	<b>3</b>	<b>32</b>	<b>65</b>
<b>28</b>	<b>Switzerland</b>	<b>3</b>	<b>24</b>	<b>73</b>
<b>29</b>	<b>Thailand</b>	<b>2</b>	<b>14</b>	<b>84</b>
<b>30</b>	<b>Slovenia</b>	<b>2</b>	<b>22</b>	<b>77</b>

## ISOLATION FROM OTHERS

Q. How often in the past 4 weeks have you felt that ..... you are isolated from others?



### 2 OUT OF 5 ADULTS

FEEL THEY ARE ISOLATED FROM OTHERS

When asked about the feeling of being isolated from others in the past 4 weeks, India is still with the highest percentage of those who VERY OFTEN/OFTEN feel isolated from others with 19%, about one-fifth of the respondents. This is higher compared to about 1 out 10 who very often/often feel isolated in Finland (11%), Australia (10%), United States (10%), Hungary (9%), United Kingdom (9%), and New Zealand (9%), Iceland (8%), France (8%), and Philippines (8%).

		VERY OFTEN/ OFTEN	SOMETIMES/ RARELY	NEVER
	<b>Total</b>	<b>5</b>	<b>34</b>	<b>62</b>
<b>1</b>	<b>Hungary</b>	<b>9</b>	<b>31</b>	<b>59</b>
<b>2</b>	<b>India</b>	<b>9</b>	<b>47</b>	<b>44</b>
<b>3</b>	<b>Australia</b>	<b>9</b>	<b>44</b>	<b>47</b>
<b>4</b>	<b>Philippines</b>	<b>8</b>	<b>46</b>	<b>45</b>
<b>5</b>	<b>United Kingdom</b>	<b>8</b>	<b>39</b>	<b>53</b>
<b>6</b>	<b>New Zealand</b>	<b>7</b>	<b>47</b>	<b>46</b>
<b>7</b>	<b>South Africa</b>	<b>7</b>	<b>42</b>	<b>51</b>
<b>8</b>	<b>United States</b>	<b>6</b>	<b>39</b>	<b>55</b>
<b>9</b>	<b>Finland</b>	<b>6</b>	<b>41</b>	<b>52</b>
<b>10</b>	<b>France</b>	<b>6</b>	<b>30</b>	<b>63</b>
<b>11</b>	<b>Croatia</b>	<b>6</b>	<b>32</b>	<b>62</b>
<b>12</b>	<b>Denmark</b>	<b>6</b>	<b>37</b>	<b>57</b>
<b>13</b>	Suriname	5	31	64
<b>14</b>	Slovak Republic	5	42	52
<b>15</b>	Sweden	5	39	57
<b>16</b>	Mexico	4	29	66
<b>17</b>	Spain	4	23	73
<b>18</b>	Japan	4	41	55
<b>19</b>	Israel	4	22	74
<b>20</b>	Iceland	4	30	66
<b>21</b>	China	4	44	52
<b>22</b>	Czech Republic	3	35	62
<b>23</b>	Russia	3	29	68
<b>24</b>	Lithuania	3	31	66
<b>25</b>	Austria	2	17	81
<b>26</b>	Germany	2	22	76
<b>27</b>	Switzerland	2	21	77
<b>28</b>	Thailand	2	13	85
<b>29</b>	Taiwan	1	20	79
<b>30</b>	Slovenia	1	13	86

## FEELING LEFT OUT

*Q. How often in the past 4 weeks have you felt that ..... you are left out?*

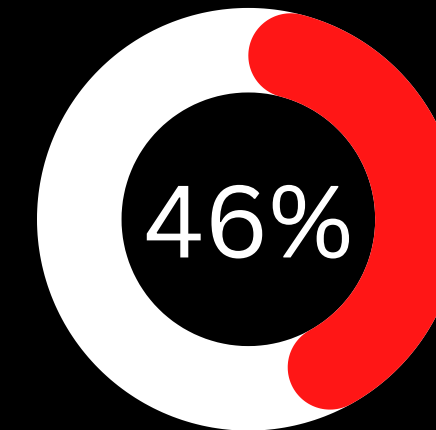
Those who VERY OFTEN/OFTEN feel left out are higher in Hungary (9%), India (9%), Australia (9%), Philippines (8%), and United Kingdom (8%) compared to other countries.



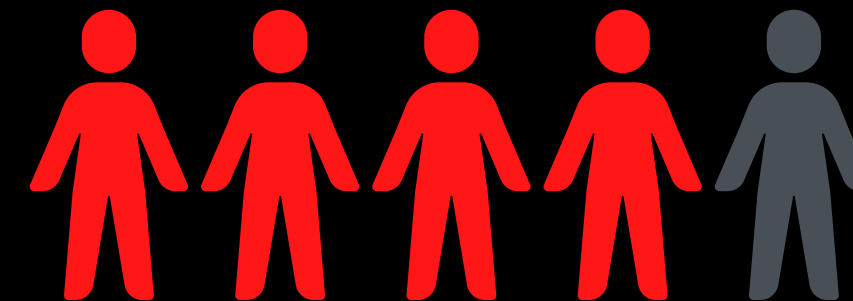
		VERY OFTEN/ OFTEN	SOMETIMES/ RARELY	NEVER
	<b>Total</b>	<b>6</b>	<b>40</b>	<b>52</b>
<b>1</b>	<b>India</b>	<b>17</b>	<b>54</b>	<b>30</b>
<b>2</b>	<b>Mexico</b>	<b>14</b>	<b>48</b>	<b>37</b>
<b>3</b>	<b>Slovakia</b>	<b>14</b>	<b>73</b>	<b>13</b>
<b>4</b>	<b>Croatia</b>	<b>13</b>	<b>38</b>	<b>49</b>
<b>5</b>	<b>Finland</b>	<b>11</b>	<b>70</b>	<b>19</b>
<b>6</b>	<b>Israel</b>	<b>11</b>	<b>46</b>	<b>43</b>
<b>7</b>	<b>South Africa</b>	<b>8</b>	<b>36</b>	<b>56</b>
<b>8</b>	<b>United States</b>	<b>8</b>	<b>39</b>	<b>54</b>
<b>9</b>	<b>Lithuania</b>	<b>7</b>	<b>42</b>	<b>51</b>
<b>10</b>	<b>Japan</b>	<b>7</b>	<b>46</b>	<b>47</b>
<b>11</b>	<b>Philippines</b>	<b>7</b>	<b>37</b>	<b>57</b>
<b>12</b>	<b>Suriname</b>	<b>7</b>	<b>38</b>	<b>55</b>
<b>13</b>	<b>Czech Republic</b>	<b>6</b>	<b>51</b>	<b>42</b>
<b>14</b>	<b>Australia</b>	<b>6</b>	<b>45</b>	<b>49</b>
<b>15</b>	<b>United Kingdom</b>	<b>6</b>	<b>40</b>	<b>54</b>
<b>16</b>	<b>New Zealand</b>	<b>6</b>	<b>44</b>	<b>49</b>
<b>17</b>	<b>Hungary</b>	<b>6</b>	<b>49</b>	<b>45</b>
<b>18</b>	<b>Iceland</b>	<b>5</b>	<b>48</b>	<b>46</b>
<b>19</b>	<b>Taiwan</b>	<b>5</b>	<b>46</b>	<b>49</b>
<b>20</b>	<b>Russia</b>	<b>5</b>	<b>42</b>	<b>53</b>
<b>21</b>	<b>Thailand</b>	<b>4</b>	<b>36</b>	<b>60</b>
<b>22</b>	<b>France</b>	<b>4</b>	<b>35</b>	<b>61</b>
<b>23</b>	<b>Spain</b>	<b>4</b>	<b>25</b>	<b>71</b>
<b>24</b>	<b>Denmark</b>	<b>3</b>	<b>39</b>	<b>58</b>
<b>25</b>	<b>Sweden</b>	<b>3</b>	<b>42</b>	<b>55</b>
<b>26</b>	<b>Slovenia</b>	<b>3</b>	<b>29</b>	<b>68</b>
<b>27</b>	<b>China</b>	<b>3</b>	<b>39</b>	<b>58</b>
<b>28</b>	<b>Austria</b>	<b>2</b>	<b>20</b>	<b>78</b>
<b>29</b>	<b>Switzerland</b>	<b>2</b>	<b>26</b>	<b>72</b>
<b>30</b>	<b>Germany</b>	<b>1</b>	<b>19</b>	<b>80</b>

## FAMILY PRESSURE

Q. In general, do your family members put pressure on you about the way you live or organise your personal life?



**FEEL PRESSURE FROM FAMILY MEMBERS.**



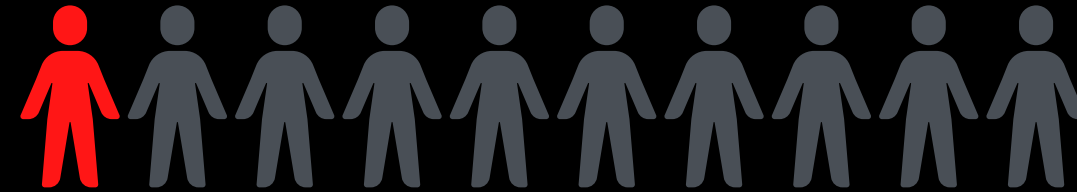
**4 OUT 5 IN FINLAND AND SLOVAKIA  
REPORTED EXPERIENCING PRESSURE  
FROM FAMILY MEMBERS.**



		VERY OFTEN/ OFTEN	SOMETIMES/ RARELY	NEVER
	<b>Total</b>	<b>8</b>	<b>54</b>	<b>37</b>
<b>1</b>	<b>Hungary</b>	<b>13</b>	<b>53</b>	<b>34</b>
<b>2</b>	<b>United Kingdom</b>	<b>12</b>	<b>60</b>	<b>28</b>
<b>3</b>	<b>Israel</b>	<b>11</b>	<b>50</b>	<b>39</b>
<b>4</b>	<b>Australia</b>	<b>11</b>	<b>64</b>	<b>25</b>
<b>5</b>	<b>Suriname</b>	<b>11</b>	<b>50</b>	<b>39</b>
<b>6</b>	<b>Croatia</b>	<b>10</b>	<b>49</b>	<b>40</b>
<b>7</b>	<b>India</b>	<b>10</b>	<b>52</b>	<b>38</b>
<b>8</b>	<b>Finland</b>	<b>10</b>	<b>55</b>	<b>36</b>
<b>9</b>	<b>United States</b>	<b>10</b>	<b>53</b>	<b>37</b>
<b>10</b>	<b>South Africa</b>	<b>9</b>	<b>58</b>	<b>33</b>
<b>11</b>	<b>France</b>	<b>9</b>	<b>51</b>	<b>40</b>
<b>12</b>	<b>Denmark</b>	<b>8</b>	<b>46</b>	<b>45</b>
<b>13</b>	<b>Iceland</b>	<b>8</b>	<b>54</b>	<b>37</b>
<b>14</b>	<b>Sweden</b>	<b>8</b>	<b>66</b>	<b>26</b>
<b>15</b>	<b>Philippines</b>	<b>8</b>	<b>69</b>	<b>23</b>
<b>16</b>	<b>Czech Republic</b>	<b>8</b>	<b>59</b>	<b>34</b>
<b>17</b>	<b>Spain</b>	<b>8</b>	<b>41</b>	<b>52</b>
<b>18</b>	<b>China</b>	<b>7</b>	<b>68</b>	<b>25</b>
<b>19</b>	<b>Japan</b>	<b>7</b>	<b>62</b>	<b>31</b>
<b>20</b>	<b>New Zealand</b>	<b>6</b>	<b>59</b>	<b>35</b>
<b>21</b>	<b>Taiwan</b>	<b>6</b>	<b>56</b>	<b>38</b>
<b>22</b>	<b>Germany</b>	<b>6</b>	<b>48</b>	<b>46</b>
<b>23</b>	<b>Austria</b>	<b>5</b>	<b>41</b>	<b>55</b>
<b>24</b>	<b>Lithuania</b>	<b>5</b>	<b>61</b>	<b>34</b>
<b>25</b>	<b>Russia</b>	<b>5</b>	<b>49</b>	<b>46</b>
<b>26</b>	<b>Thailand</b>	<b>5</b>	<b>46</b>	<b>50</b>
<b>27</b>	<b>Switzerland</b>	<b>4</b>	<b>52</b>	<b>43</b>
<b>28</b>	<b>Mexico</b>	<b>4</b>	<b>52</b>	<b>44</b>
<b>29</b>	<b>Slovakia</b>	<b>4</b>	<b>64</b>	<b>32</b>
<b>30</b>	<b>Slovenia</b>	<b>3</b>	<b>37</b>	<b>60</b>

## UNHAPPINESS AND DEPRESSION

Q. During the past 4 weeks how often ... have you felt unhappy and depressed?



# 1 OUT OF 10 ADULTS

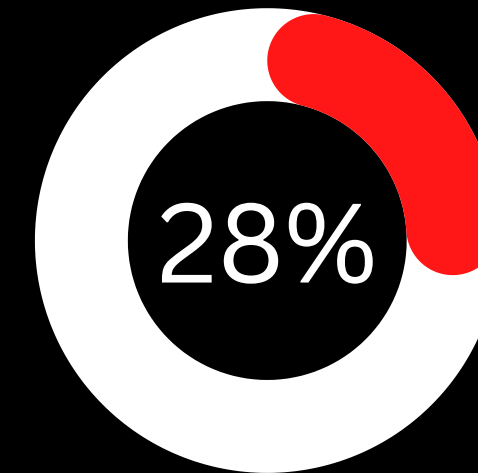
**VERY OFTEN/OFTEN FEEL UNHAPPY  
AND DEPRESSED.**



		ALL/MOST ALL OF IT	HALF OF IT	SOME/NONE OF IT
	<b>Total</b>	<b>44</b>	<b>20</b>	<b>28</b>
<b>1</b>	<b>Iceland</b>	<b>30</b>	<b>25</b>	<b>44</b>
<b>2</b>	<b>Lithuania</b>	<b>24</b>	<b>29</b>	<b>42</b>
<b>3</b>	<b>Austria</b>	<b>32</b>	<b>19</b>	<b>39</b>
<b>4</b>	<b>Hungary</b>	<b>23</b>	<b>36</b>	<b>37</b>
<b>5</b>	<b>Slovenia</b>	<b>32</b>	<b>27</b>	<b>37</b>
<b>6</b>	<b>Denmark</b>	<b>30</b>	<b>34</b>	<b>35</b>
<b>7</b>	<b>South Africa</b>	<b>36</b>	<b>19</b>	<b>35</b>
<b>8</b>	<b>United Kingdom</b>	<b>43</b>	<b>21</b>	<b>33</b>
<b>9</b>	<b>Russia</b>	<b>34</b>	<b>31</b>	<b>32</b>
<b>10</b>	<b>Thailand</b>	<b>35</b>	<b>9</b>	<b>32</b>
<b>11</b>	<b>Czech Republic</b>	<b>36</b>	<b>32</b>	<b>32</b>
<b>12</b>	<b>Philippines</b>	<b>46</b>	<b>18</b>	<b>31</b>
<b>13</b>	<b>Spain</b>	<b>43</b>	<b>19</b>	<b>31</b>
<b>14</b>	<b>Sweden</b>	<b>40</b>	<b>29</b>	<b>31</b>
<b>15</b>	<b>Croatia</b>	<b>38</b>	<b>30</b>	<b>31</b>
<b>16</b>	<b>New Zealand</b>	<b>43</b>	<b>25</b>	<b>29</b>
<b>17</b>	<b>Germany</b>	<b>44</b>	<b>19</b>	<b>29</b>
<b>18</b>	<b>China</b>	<b>54</b>	<b>9</b>	<b>28</b>
<b>19</b>	<b>Australia</b>	<b>44</b>	<b>24</b>	<b>28</b>
<b>20</b>	<b>Slovakia</b>	<b>39</b>	<b>31</b>	<b>27</b>
<b>21</b>	<b>Switzerland</b>	<b>45</b>	<b>27</b>	<b>27</b>
<b>22</b>	<b>France</b>	<b>55</b>	<b>19</b>	<b>23</b>
<b>23</b>	<b>Israel</b>	<b>51</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>United Stated</b>	<b>54</b>	<b>23</b>	<b>22</b>
<b>25</b>	<b>Suriname</b>	<b>64</b>	<b>7</b>	<b>22</b>
<b>26</b>	<b>Japan</b>	<b>67</b>	<b>11</b>	<b>20</b>
<b>27</b>	<b>India</b>	<b>58</b>	<b>14</b>	<b>18</b>
<b>28</b>	<b>Finland</b>	<b>53</b>	<b>29</b>	<b>17</b>
<b>29</b>	<b>Mexico</b>	<b>60</b>	<b>20</b>	<b>16</b>
<b>30</b>	<b>Taiwan</b>	<b>67</b>	<b>12</b>	<b>13</b>

## CONTACT WITH FAMILY AND FRIENDS

Q. Think about the occasions when you talk, get in touch with your family members and your close friends. How many times does this happen **in the form of a text message/ a cell phone conversation or another internet communication tool?**



**ABOUT ONE-THIRD GET IN TOUCH TO  
SOME/NONE OF THEIR FAMILY MEMBERS  
AND FRIENDS**

Percentages of those who get in touch with only SOME/NONE of family members and friends are highest in Iceland (44%) and Lithuania (42%), higher compared to other countries.



# PERCENTAGES WHO FEEL THEY LACK COMPANIONSHIP VERY OFTEN/OFTEN:

		OVERALL	BY THOSE WHO FEEL UNHAPPY & DEPRESSED VERY OFTEN/OFTEN	BY THOSE WHO FEEL FAMILY PRESSURE VERY OFTEN/OFTEN	BY THOSE WHO GET IN TOUCH WITH SOME/NONE FAMILY & FRIENDS
1	India	17	29	30*	21
2	Croatia	12	40	17*	11
3	United States	12	49	33	11
4	Australia	11	47*	35	10
5	Suriname	10	32*	23	12
6	Hungary	10	41*	11	8
7	Spain	9	38	19	7
8	Finland	9	47	21	7
9	Czech Republic	9	39	20	8
10	France	9	46	21	8
11	Philippines	9	27	14	10
12	United Kingdom	9	35*	19	6
13	New Zealand	8	44	32	9
14	China	8	42	23	9
15	South Africa	8	26	17	8
16	Israel	7	23*	10	8
17	Sweden	7	45	36	4
18	Denmark	7	42	26	5
19	Iceland	7	41	25	4
20	Lithuania	6	48	23*	7
21	Slovak Republic	6	34	9*	7
22	Mexico	5	25	10	8
23	Russia	5	39	11	5
24	Switzerland	5	47	17	5
25	Germany	5	32	33	3
26	Japan	4	20	10	5
27	Taiwan	4	24	8	2
28	Austria	4	40	26	3
29	Slovenia	3	29	9	3
30	Thailand	2	15	3	4

# PERCENTAGES WHO FEEL ISOLATED WITH OTHERS VERY OFTEN/OFTEN:

		OVERALL	BY THOSE WHO FEEL UNHAPPY & DEPRESSED VERY OFTEN/OFTEN	BY THOSE WHO FEEL FAMILY PRESSURE VERY OFTEN/OFTEN	BY THOSE WHO GET IN TOUCH WITH SOME/NONE FAMILY & FRIENDS
1	India	19	27	29*	17
2	Finland	11	57	26	9
3	Australia	10	46*	32	10
4	United States	10	48	34	12
5	Hungary	9	39*	13	9
6	United Kingdom	9	40*	24	8
7	New Zealand	9	44	36	8
8	Iceland	8	48	29	6
9	France	8	39	23	6
10	Philippines	8	22	19	9
11	Israel	7	22*	13	9
12	South Africa	7	23	18	7
13	Czech Republic	7	31	18	7
14	Denmark	6	44	29	4
15	Suriname	6	24*	14	6
16	Croatia	6	33	14*	7
17	Mexico	6	38	13*	7
18	Sweden	5	40	31	3
19	Spain	5	28	11	3
20	Germany	4	32	36	3
21	Slovak Republic	4	38	6*	7
22	Japan	4	24	13	6
23	Lithuania	4	36	18	4
24	Austria	4	40	30	3
25	Taiwan	3	26	6	2
26	China	3	21	11	3
27	Russia	3	28	9	4
28	Switzerland	3	28	17	3
29	Thailand	2	11	14	2
30	Slovenia	2	18	6	1

# PERCENTAGES WHO FEEL LEFT-OUT VERY OFTEN/OFTEN:

		OVERALL	BY THOSE WHO FEEL UNHAPPY & DEPRESSED VERY OFTEN/OFTEN	BY THOSE WHO FEEL FAMILY PRESSURE VERY OFTEN/OFTEN	BY THOSE WHO GET IN TOUCH WITH <b>SOME/NONE</b> FAMILY & FRIENDS
1	Hungary	9	38*	16	8
2	India	9	13	15*	6
3	Australia	9	44*	29	9
4	Philippines	8	14	12	9
5	United Kingdom	8	35*	25	8
6	New Zealand	7	41	36	7
7	South Africa	7	23	19	7
8	United States	6	34	25	8
9	Finland	6	36	15	5
10	France	6	33	27	7
11	Croatia	6	25	13*	8
12	Denmark	6	36	30	4
13	Suriname	5	20*	13	6
14	Slovak Republic	5	27	9*	5
15	Sweden	5	32	19	3
16	Mexico	4	18	13*	6
17	Spain	4	20	6	4
18	Japan	4	25	20	5
19	Israel	4	14*	8	5
20	Iceland	4	28	18	2
21	China	4	24	12	4
22	Czech Republic	3	18	11	3
23	Russia	3	24	8	2
24	Lithuania	3	38	14	3
25	Austria	2	29	19	2
26	Germany	2	10	24	2
27	Switzerland	2	17	13	2
28	Thailand	2	8	7	3
29	Taiwan	1	9	5	0
30	Slovenia	1	18	3	1



## CONCLUSION

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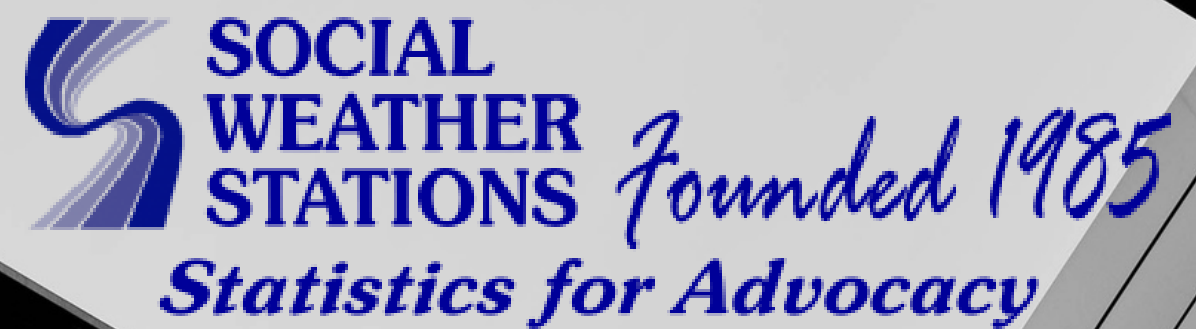
There are higher levels of social isolation in India:

- Rank 1: Lack of companionship (17%)
- Rank 1: Isolation with others (19%)
- Rank 2: Feeling left out (9%)

Levels of social isolation are also high in Hungary, Australia, United Kingdom, United States, and Finland.

Not getting in touch with family and friends in forms of text, call, and online devices have no significant connection with the feeling of lack of companionship, feeling of isolation, and being left-out.

There are more who feel isolated among those who feel unhappy and depressed and pressure in the family.



# Variations, Causes and Impact of Social Isolation on Well-Being of Adults

A Cross-Country Analysis Using ISSP 2017 - Social Networks and Social Resources

For inquiries, please get in touch with the author at [fernelpaguinto@sws.org.ph](mailto:fernelpaguinto@sws.org.ph).